

Maria Lindberg – “World Class Endurance”

Highlights

Master of Science - Chemical Engineering
Proboxer – World Champion

Topics

Inspiration
Motivation
The importance of endurance



In 1996 Maria graduates from high school and starts studying chemistry at the Faculty of Engineering in Lund. At the same time she slides by chance into the world of boxing and falls head over heels for everything that the sport offers and challenge to. Three years later Maria suffers a brain injury in the boxing ring. Miraculously, she recovers, but when she wants to return to the boxing ring, her real battle begins...

She is banned from boxing in Sweden for life and she is being rejected wherever in the world she goes to fight. Maria defies them all, and ten years after the injury she wins two world titles on a German professional license.

How do you dare to follow your heart, even though no one else thinks it is a good idea? How do you get to the top, and how do you stay there? How do you maintain focus and continue to move forward when you are constantly resisted? How do you know when to bite the bullet and when to allow yourself to fall apart? How do you become the world's greatest?

Maria gives hands-on & concrete answers to these questions by taking you on her controversial journey from the academic world of engineering to the world of professional boxing.